Filey Discovery Trail

Grade: Easy

Distance: 4.5km

Terrain: Bridleways, cycle paths & minor roads. Mainly flat with a few short hills. Can be busy during peak season.

Description: This circular route explores the town of Filey, touching on sections of the established Heritage Trail with plenty of discoveries for the children, including fun places for them to stop for a break from cycling. You can cut it short at any point or add the suggested extensions to cater for tired little (or big!) legs.

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Refreshments: Wide variety at frequent intervals.

Start: BikeAbout Shop

1. BikeAbout Filey to Glen Gardens via Crescent Gardens (1km)

As you come out of the shop, turn left and walk the bikes to the end of the road. You will see Filey Tourist Information Centre and the police station opposite. Keep both buildings on your right, cycling through the police station car park. \*\*Discovery alert\*\* See how many police cars you can count. Cycle through the bollards to the road and turn left onto The Crescent. \*Discovery alert\*\* Just a few things to find in the gardens include a wishing well, a band stand, a fisherman and some Roman stones. What else can you see? Head in the general direction of the large white building (The White Lodge Hotel). This marks the edge of Glen Gardens. Keeping the White Lodge Hotel on your right, go through the gardens, taking the main path which passes the play areas (on your right). The path will bring you out at the Pitch n Put and the road (West Avenue).

1. Glen Gardens to Fairy Garden & Cliffs (approx 1.5km)

Starting with the pitch and put hut on your left and the large car park on your right, cycle along the road with the grassy area of the car park on your right. After a short distance, the road comes to a dead end at Filey Golf Club. Turn right along the small bridleway. \*\*Discovery alert\*\* Just before you reach the railway bridge, can you spot where the donkeys live? Continue over the bridge and, after passing holiday parks on both your left and right, you’ll come to a cross roads in the bridleway. Go straight ahead and immediately on your right you’ll find the delightful Fairy Garden Cafe. \*\*Discovery alert\*\* How many fairies can you see? Turn around and head back the way you have just come but continue straight ahead, passing the road you started on. \*\*Discovery alert\*\* As the gravel path becomes grass, who can be the first to see the sea? Take extra care at this point as the path leads to the cliff edge, which is unprotected. Enjoy the spectacular view of Filey Bay. When you’ve seen enough of The Bay, go back to the golf club. Turn right onto the road and back to the pitch and put hut.

1. Glen Gardens to Coble Landing (approximately 1.5km)

\*\*Discovery alert\*\* Opposite the hut, you’ll find a board to tell you all about Martin’s Ravine. You could head into Glen Gardens at this point to enjoy the cafe, boating lake and play area but we’d recommend you save this as a treat for the end of the ride. With the pitch and put on your right, head down Martin’s Ravine until you reach the beach and promenade. \*\*Discovery alert\*\* Keep looking right and you can discover why you would once have seen aeroplanes on the beach. There are no signs restricting cyclists from riding along the promenade but take extra care as it can be very busy with lots of pedestrians who will be looking out to sea rather than where they are going! \*\*Discovery alert\*\* Who will be the first person to spot Filey’s famous paddling pool and the aeroplane flying overhead? At the paddling pool, follow the signs for “Coble Landing” in order to get back onto the promenade. You may consider cycling along the road at this point as it’s not usually busy. If you stick to the promenade, there’s another \*\*Discovery alert\*\* Watch out for the lobster! Continue to Coble Landing (the end of the promenade), where you may wish to lock up your bikes in order to enjoy the food, lifeboat exhibition, amusements or take a walk to Filey Brigg. \*\*Discovery alert\*\* Can you find the tide timetable and its warning!

1. Coble Landing to Country Park (approx 1km)

After exploring Coble Landing, with the toilets on your left, follow the road (Church Ravine). It’s steep and can be busy with traffic but it’s short. At the first junction, turn right. After a short climb, turn right onto Church Cliff Drive, following the signs to the Country Park. \*\*Discovery alert\*\* Can you find the adventure playground. There’s a cafe here too. And don’t miss the fabulous views of Filey Bay. If you all still have plenty of energy, you can extend the ride at this point to take in more spectacular views by cycling past the cafe on your left to the furthest point of the grassy car park. You’ll then find yourself directly above Filey Brigg and enjoy yet more great views. It’s also the start of the Cleveland Way. Just be careful of the cliffs again! \*\*Discovery alert\*\* Find the sign which explains how Filey Brigg was created so long ago!

1. Country Park to Filey Museum (approx 1.2km)

Head out of the country park back the way you came, turning left at the first junction and following the blue sign towards “St Oswalds Church”. After a few metres, follow the cycle route sign to “Town Centre” (note that cyclists are asked to dismount until after the bridge). \*\*Discovery Alert\*\* When was St Oswalds Church built? You may wish to take the detour to visit the Church at this point. If not, after crossing the bridge, continue ahead to the first Give Way and turn left. \*\*Discovery Alert\*\* Spot the old cottage which is now Filey Museum, where you may also wish to visit (charges & opening hours apply).

7) Filey Museum to BikeAbout Filey

As you come out of Filey Museum, turn right along Queen Street and take the 2nd junction on your right (Reynolds Street), which brings you into Filey Town Centre (take care as it can get busy with cars and people here). You may wish to lock up your bikes and visit the shops at this point. Or, if you want to get back to the shop, follow Reynolds Street to the end where you turn right onto Mitford Street. As you pass The Star Inn on your right, you will come to the junction with Union Street. Turn left here and head to the next junction. Turn left and go down Murray Street where you will find Hope Street on the left just before the road drops down the steep hill to the sea. BikeAbout Filey is on your right.